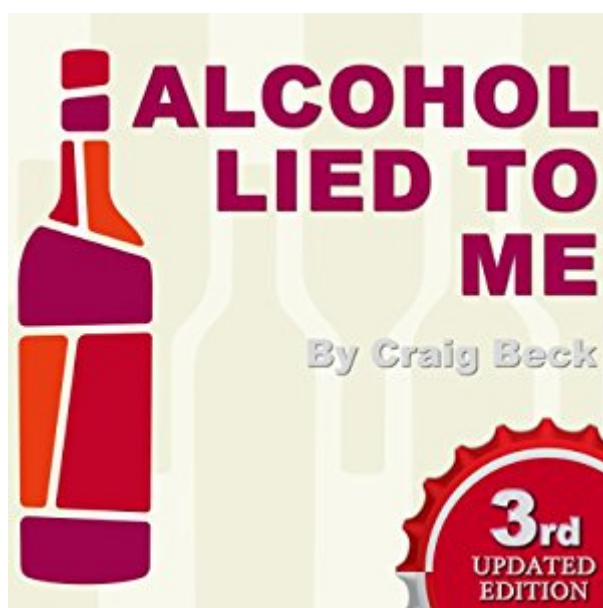


The book was found

Alcohol Lied To Me - New Edition: The Intelligent Escape From Alcohol Addiction



Synopsis

Craig Beck is a well-regarded family man with two children, a nice home, and a successful media career; a director of several companies and at one time the trustee of a large children's charity. Outwardly, Craig was a highly successful and functioning professional man in spite of a 'two-bottles-of-wine-a-night' drinking habit. For 20 years he struggled to control his drinking, all the time refusing to label himself an alcoholic because he didn't believe he met the stereotypical image that the word portrayed. He tried countless ways to cut down; attempting 'dry months', banning himself from drinking spirits, only drinking at the weekend and special occasions (and found that it is amazing how even the smallest of event can suddenly become 'special'). All these 'willpower' based attempts to stop drinking failed (exactly as they were destined to do). Slowly he discovered the truth about alcohol addiction and one by one all the lies he had previously believed started to fall apart. For the first time he noticed that he genuinely didn't want to drink anymore. In this book he will lead you through the same amazing process. Craig is known around the world as "The Stop Drinking Expert" and many thousands of people just like you have quit drinking using his method. This updated edition of the best-selling *Alcohol Lied to Me* is new for 2014. No need to declare yourself an alcoholic. A permanent cure, not a lifetime struggle. No group meetings or expensive rehab. No humiliation, no pain, and 100% no 'will power' required. Treats the source of the problem not the symptoms.

Book Information

Audible Audio Edition

Listening Length: 4 hours 7 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Viral Success Ltd

Audible.com Release Date: January 16, 2014

Language: English

ASIN: B00HWHMWNW

Best Sellers Rank: #125 in Books > Health, Fitness & Dieting > Addiction & Recovery >

Alcoholism #232 in Books > Health, Fitness & Dieting > Addiction & Recovery > Substance

Abuse #903 in Books > Audible Audiobooks > Health, Mind & Body > Self-Help

Customer Reviews

I would like to give my highest possible recommendation! The book has had a profound effect on

my personal relationship with alcohol. I intentionally waited a couple of months to write this recommendation in an effort to validate his approach to quit drinking without using the concept known as will power. After reviewing the book several times, I have been able to generate my own interpretation about this crisis and his methodology. One of the most common questions that Craig receives is, "Do I have a drinking problem?" After considerable thought, I believe this question is completely off target. In my opinion, the term "problem" is much too general and nebulous. In some cases, it's interpreted as something more extreme in nature. In my opinion, the real question should be, "Is alcohol negatively affecting the quality of my life in any way?" As one of many possible examples, why do people consider waking up with a hangover and ruining the entire next day not to be negatively affecting the quality of their life? The hangover is a part of any drinkers' reality whether they have been drinking for one month or thirty years. In summary, this book will definitely provide you with a new way of thinking about this socially acceptable powerful DRUG that has ruined and will continue to ruin millions of lives every single year. I personally believe that alcohol is one of the biggest marketing scams that western society has allowed to be executed over and over again!

I really like the concepts put forth in this book. It's also easy to relate to. I wish he would have discussed what happens over the 21 day program. . I'll keep these ideals in my head moving forward. I'm still deciding about the online stuff but even having the book is helpful.

Pretty damn effective when I wasn't expecting it to be. I continued to drink for a little afterwards but it made me feel really bad. I stopped. I have the audiobook version and I liked the voice the first time, but it gets really grating after the second or third hearing. I wish he could cut a bit of the over the top sales pitch sound - but that is a minor irritation considering how effective it is.

Excellent explanation of the mechanism of alcohol dependence as well as a clear framework to understand the manifold effects on your life.

I feel that Craig Beck and this book have saved my life !Whether you drink alcohol or not, It should be required reading, FOR EVERYONE!!!It awakened me from a "deep sleep", making me aware that I have been brain washed for 60 plus years! It really "pisses me off" that I have been so stupid for so long!Craig tells it "like it is", with just the approach that I needed, making me angry and now smart

enough to completely QUIT this awful habit and addiction!! Just after 1 month, I'm a new person and feel absolutely wonderful!!! Just reading and reviewing parts of the book has made it very simple and easy for me! Thank you soooo much Craig Beck !!!!!MAC STEWARTNC, USA

Never thought about alcohol like its described in this book! You'd have to be crazy to drink after reading this one.

I really liked the way he explained alcohol. He made me totally understand what it really is. I'm so much better off having read this.

Excited to start his simple steps...appreciate the common sense approach to what alcohol really is, a well dressed bottle of poison

[Download to continue reading...](#)

Alcohol Lied to Me - New Edition: The Intelligent Escape from Alcohol Addiction Alcohol Lied to Me: The Intelligent Way to Escape Alcohol Addiction Master Book On Addiction: How To Overcome Drug Addiction-Alcohol Addiction-Smoking Addiction-Gambling Addiction-Internet Addiction-Overeating Addiction: The Last ADDICTION RECOVERY Guide - The Infallible Method To Overcome Any Addiction: (addiction, addiction recovery, breaking addiction, overcoming ... addiction recovery, recovery, clean Book 4) Addiction and Recovery: How to Overcome Alcohol, Gambling, Drug, Sex, Food, and Technology Addictions (Addiction, Substance Abuse, Addiction and Recovery, Alcohol Addiction) Breaking Bad Habits: 11 Steps to Freedom (addiction, food addiction, sugar addiction, gambling addiction, addiction recovery, habits, breaking bad habits) Alcohol Information For Teens: Health Tips About Alcohol And Alcoholism, Including Facts About Underage Drinking, Preventing Teen Alcohol Use, Alcohol's ... On The Brain And The (Teen Health Series) Gambling:Overcoming Gambling Addiction- The Ultimate Blueprint To Escape Compulsive Gambling Addiction Forever! (Gambling Addiction,Gambling,Compulsive Gambling,Roulette,Gambling Systems) Gambling Addiction Cure: Gambling Addiction Cure and Recovery of Your Life (Addiction Recovery, Addiction Gambling, Quit Smoking, Addictions) Porn Addiction: How to Quit Porn, Porn Addiction, Step-by-Step Easy Guide to Control Your Porn Addiction, Stop Watching Porn in 7 Days! (Porn Addiction, Improve Your Relations, Live Happier Life) The Nicotine Addiction Cure - How to Avoid Triggers, Manage Withdrawal Symptoms, and Quit Nicotine & Smoking for Life (tobacco addiction, nicotine addiction, ... recovery, smoking addiction, stop smoking,) Opiate Addiction - How to detox from Opiates (How to Get Off Opiates): SHORT

READS - Signs of opiate addiction, Symptoms of opiate use, Signs of opiate ... prescription drugs abuse, heroin addiction) My Husband's a Porn Addict: A wife's tormenting journey through her husband's addiction ((Pornography addiction, porn addiction, spouse of porn addict)) Gambling Addiction: The Ultimate Guide To Gambling Addiction Recovery: How To Finally Overcome Gambling Addiction And Problem Gambling Forever (Overcome ... Sports Gambling, Fantasy Sports, Poker) Cool Colleges: For the Hyper-Intelligent, Self-Directed, Late Blooming, and Just Plain Different (Cool Colleges: For the Hyper-Intelligent, Self-Directed, Late Blooming, & Just Plain Different) 7 Tools to Beat Addiction: A New Path to Recovery from Addictions of Any Kind: Smoking, Alcohol, Food, Drugs, Gambling, Sex, Love The 30-Day No Alcohol Challenge: Your Simple Guide To Easily Reduce Or Quit Alcohol The Cure for Alcoholism: The Medically Proven Way to Eliminate Alcohol Addiction Recover to Live: Kick Any Habit, Manage Any Addiction: Your Self-Treatment Guide to Alcohol, Drugs, Eating Disorders, Gambling, Hoarding, Smoking, Sex and Porn HOW TO OVERCOME ADDICTION ON YOUR OWN: SELF-HELP STRATEGIES FOR GETTING CLEAN WITHOUT HELP (GAMBLING, PORNOGRAPHY, MARIJUANA, DRUGS, ALCOHOL, SHOPLIFTING)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)